

# EUROPEAN TWIDDLE MUFF AWARDS 2022



**Create a twiddle muff and  
support the cause!**

**With this initiative we wish to:**

- promote the benefits of twiddle muffs for patients with Alzheimer disease and other dementias
- encourage their use and
- inspire creativity in their creation

Twiddle muffs are sensory therapy tools designed to help alleviate certain symptoms of dementia.

Benefits of twiddle muffs include: providing visual, tactile and sensory stimulations, keeping the hands warm and also providing comfort and having a calming effect.

**Submit your best work of art and design of twiddle muffs!**



The European Twiddle Muff Awards initiative is a competition open to all!

There is one main category and four special awards to win!

Ready to join?

All the details about the Awards and how to participate you can find here:

[www.ewe.network](http://www.ewe.network)

or

email us: [awards@ewe.network](mailto:awards@ewe.network)

All the twiddle muffs made will be donated to institutions caring for patients with Alzheimer disease and other dementias.